
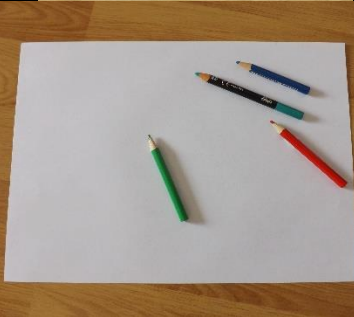




Ocean Wave Shaker

	<p>To start off, you will need: an old tube (like those used for crisps, or posters - you need the lid too); some A4 paper; crayons; tape/glue; some old pasta/rice/beads.</p>
	<p>Fetch a piece of A4 paper, and some crayons.</p>
	<p>Draw your design on the paper, and colour it in. If you would rather make a rain maker, or a jungle noise shaker, you could use a different design.</p>
	<p>Once you have coloured in your design, turn the paper over so that the coloured side faces down. Put the tube in the middle of the paper. You might need to take the lid off for this bit.</p>



Fold the paper around the tube, and use tape to hold it in place. This is a bit fiddly, so you might need to grab a grown up to help you!



Find a handful of old pasta, rice, or beads. You only need a small amount, because you want them to move around in the tube.



Put your pasta into the tube, and put the lid on. To make it secure you could tape the lid on. There you have it, one ocean wave shaker - go and make some noise!

